



Sabbatical

As a leader, you know that the health of your soul is crucial. It affects not only you and those you are close to, but also impacts your church, ministry, and those you influence. To be able to offer sustainable, healthy ministry, you must have periods of rest and reflection. A sabbatical is one crucial way to experience that rest.

Sabbatical is an intentional process of disengaging from normal ministry for an extended period of time for the sake of rest and renewal. It is not a vacation, nor is it study leave. Instead, it is an opportunity to attend to the deeper work that God is doing in you and your ministry.

OpenAir's sabbatical support exists to help pastors, missionaries, and ministry leaders experience rest, replenishment, and deepening of their life with God. More than simply a program, this spiritual formation process offers emotional, spiritual, and practical support to care for you during this important phase of your life and ministry.

Our sabbatical support includes: 1) pre-sabbatical planning and help transitioning out of ministry; 2) a customized plan containing different elements to help you rest, connect with God and reflect on your life and ministry; and 3) support for transitioning back into ministry.

A brief questionnaire helps us learn more about your needs and desires for sabbatical. A follow-up conversation then allows us to discern with you how we can best support you and the work God is doing in your life through your sabbatical. If you would like more information about our sabbatical process, or to begin the questionnaire, please email us at openair@novo.org.

We believe cost should never be prohibitive. We are pleased to offer our services on a sliding scale. The suggested donation for this service is \$100 per monthly coaching session. Additional services such as spiritual direction or retreats for individuals or couples are available for an additional donation upon request after consulting with your sabbatical coach.